

# M E N U

## Sunday

**Dinner:** Baked Chicken Breast, Steamed Broccoli, Glazed Carrots, Mashed Potatoes

## Monday

**Breakfast:** Fruit Salad, Home Fried Potatoes, Oatmeal, Sausage Gravy, Biscuit, Scrambled Egg, Turkey Links  
**Lunch:** Baked Beans, Steamed Corn, Green Beans, BBQ Beef Brisket  
**Dinner:** Garlic Bread, Meat Lasagna, Summer Squash and Carrot Medley

## Tuesday

**Breakfast:** Pork Sausage, Buttermilk Pancakes, Scrambled Eggs  
**Lunch:** Roast Pork Loin, Sauteed Cabbage and Onion, Fried Okra, Yellow Rice  
**Dinner:** Chicken Fried Rice, Peas and Carrots, Vegetable Egg Roll, Fried Rice

## Wednesday

**Breakfast:** Turkey Sausage, French Toast Sticks, Grits, Scrambled Eggs, Oatmeal  
**Lunch:** Fried Chicken, Mac & Cheese, Baked Chicken, Green Beans  
**Dinner:** Beef Tacos, Mexican White Rice, Black Beans

## Thursday

**Breakfast:** Bacon, Grits, Scrambled Eggs, Waffles, Oatmeal  
**Lunch:** Garlic Bread, Steamed Broccoli, Penne Pasta, Bolognese Sauce  
**Dinner:** Steamed Corn, Salisbury Steak, Red Potatoes, Green Beans

## Friday

**Breakfast:** Bacon, Fruit Salad, Grits, Home Fried Potatoes, Oatmeal Sausage, Gravy and Biscuit, Scrambled Eggs  
**Lunch:** Chick-fil-A

There will be fruit salad, grits, oatmeal, scrambled eggs, and a cereal bar available at every breakfast.

There is a salad bar, sandwich station, grill option (burgers, grilled cheese, fries), and pizza available at every Lunch and Dinner.

## Sunday

**Dinner:** Chicken Nuggets, Mac & Cheese, and Corn on the Cob

## Monday

**Breakfast:** Fruit Salad, Home Fried Potatoes, Oatmeal, Sausage Gravy, Biscuit, Scrambled Egg, Turkey Links  
**Lunch:** Chicken Nuggets, Mac & Cheese, Green Beans, Kernel Corn  
**Dinner:** Mojo Pork, Black Beans, Seasoned Rice, Green beans

## Tuesday

**Breakfast:** French Waffles, Fruit Salad, Grits, Hashbrowns, Oatmeal, Sausage Patty, Scrambled Eggs.  
**Lunch:** Beef Lasagna, Seasoned Rice, Zucchini and Yellow Squash, Garlic Toast  
**Dinner:** Beef Stew, Mashed Potatoes, Broccoli, Kernel Corn

## Wednesday

**Breakfast:** Bacon, Pancakes, Grits, Hashbrown, Lyonnaise Potatoes, Oatmeal, Scrambled Eggs  
**Lunch:** Fried Chicken Legs, Mac-Cheese, Fried Okra  
**Dinner:** Chicken Nuggets, Green Beans, Mashed Potatoes and Gravy

## Thursday

**Breakfast:** French Toast, Fruit Salad, Grits, Hashbrowns, Oatmeal, Pork Sausage, Scrambled Eggs  
**Lunch:** Fried Fish, Tator Tots, Corn, Cheese Biscuit  
**Dinner:** Pasta, Alfredo and Marinara Sauce, Meatball, Broccoli, Garlic Bread

## Friday

**Breakfast:** Bacon, Fruit Salad, Grits, Home Fried Potatoes, Oatmeal, Sausage, Gravy and Biscuit, Scrambled Eggs  
**Lunch:** Chick-fil-A