

A Healthy Camp Begins at Home

At WinShape Camps, safety is a top priority. We always have and always will take the physical, spiritual, and emotional safety of every Camper very seriously. We recognize the level of trust you give us when you send your kid to one of our experiences, and it is our promise to fully honor your trust by creating safe environments. Please partner with us in this effort by starting healthy habits at home!

Below, we've gathered a list of a few things that you can do before the summer to help your kid have a safe, fun experience with us.

- **Keep your kid at home if they are showing signs of illness.** If your kid is showing signs of illness such as running a fever, throwing up, having diarrhea, experiencing nasal drainage and/or coughing/sneezing prior to coming to camp, please keep your kid at home and get medical attention as needed. Alert our Healthcare Team by calling 844-WS-CAMPS, ext. 2.
- **Be sure to note all mental, emotional, and social health challenges, as well as any allergies and dietary restrictions, in your Camper's CampDoc Health Profile.** With additional health-related requests, please reach out to either our Customer Experience Team or our Healthcare Team upon registration. Proactively discussing our staff's ability to accommodate your Camper's needs can help minimize—if not eliminate—issues that may arise.
- **Be sure your Camper gets adequate rest before coming to camp.** Remind them that they need to sleep while at camp, not stay up all night!
- **Remind your Camper to tell their Counselor or the Healthcare Team about problems they experience at camp.** We want to do all that we can do to support your Camper well.

Should something come up during or after camp that you would like to share with us, reach out to our Customer Experience Team at 844-WS-CAMPS.