

HELLO WINSHAPE CAMPS FAMILIES 2023



WinShape
Camps™

Hello WinShape Camps Families!

We are so excited to have the opportunity to welcome you all to WinShape Camps for Families at Cohutta Springs. For over 30 years, we have loved providing opportunities for your campers to create new relationships, learn new skills, and most importantly have experiences that transform their lives with the message of Jesus Christ. We are honored to now be welcoming your whole family for this new shared experience!

While we agree that any time your family can spend together is time well spent, it is our hope you will be able to spend intentional time together and unplugged as a family, in a beautiful place. From activities like archery and paddle boarding, to family bike rides and s'mores over the fire, you will have the opportunity to slow down and reconnect during this unique family experience. Thank you for entrusting us with the care of your family. We are truly grateful for the opportunity to facilitate and help foster deeper connections, a stronger family unit, and of course a whole lot of fun!

We hope that you find the information in this handbook helpful. If you have any additional questions, please contact the camp office at 1.844.WS.CAMPS (1.844.972.2677) or email us at info@winshapecamps.org.

We look forward to seeing you this Summer!



Sincerely,
Mike McGuire
Family Camp Manager



CHECK-IN

Day 1, 10:00 AM

Join us for the fun at 1175 COHUTTA SPRINGS RD CRANDALL, GA 30711 United States. Once you pull onto campus from Cohutta Springs Road, follow signs to continue straight uphill until you reach the first parking lot, where our team will be stationed to welcome you.

Check-In will begin promptly at 10:00 AM. We will not be able to check families in before this time. We have a fun-filled experience planned for you and your family, and the fun starts right away! We do understand that circumstances beyond your control may cause a potential late arrival. If you anticipate a late arrival (past 10:30 AM), please contact us at 706-971-2575 so we can notify our on-site team who will meet you upon your arrival.

In the event that the train is running and blocking the road. Please turn around and turn left to the main road. In less than half a mile you will turn left onto Summerour Church Road. At the end of Summerour Church Road turn left again to continue onto it. Turn right onto Cohutta Springs Road. Cohutta Springs entrance will be on your left.



DAY 1

10:00 AM	Families Arrive
11:30 AM - 12:00 PM	Welcome to Camp!
12:00 PM - 1:00 PM	LUNCH
1:00 PM - 5:00 PM	Family Free-For-All
5:00 PM - 5:30 PM	Clean up for Dinner
5:30 PM - 6:30 PM	DINNER
6:30 PM - 7:30 PM	Worship
7:30 PM - 8:30 PM	Family Cup
9:15 PM - 10:00 PM	Late Night Games

DAY 2

8:00 AM - 9:00 AM	BREAKFAST
9:00 AM - 10:00 AM	Worship
10:00 AM - 11:30 AM	Family Free-For-All
11:30 AM - 12:45 PM	LUNCH
1:00 PM - 5:30 PM	Family Free-For-All
5:30 PM - 6:00 PM	Clean up for Dinner
6:00 PM - 7:00 PM	DINNER
7:00 PM - 8:00 PM	Family Road Map
8:00 PM - 9:00 PM	Family Fireside
9:30 PM - 10:00 PM	Late Night Games

DAY 3

8:00 AM - 9:00 AM	BREAKFAST
9:00 AM - 11:00 AM	Family Free-For-All
11:15 AM - 12:00 PM	Worship
12:00 PM - 1:00 PM	LUNCH
1:00 PM - 1:30 PM	Families Depart

ACCOMMODATIONS

WinShape Camps for families is blessed to be located at the beautiful Cohutta Springs Conference Center. The entire campus spans over 800 acres of north Georgia wilderness, and we are only on a small portion of it. We are tucked away, removed from outside distractions, surrounded by the beauty of God's creation. There are very few places better to connect and grow closer to the Lord as a family than this piece of Heaven on earth.

We offer hotel-style rooms, which are perched inside one of our two main buildings (Woodlands and Mountain Shadow). Each family will be assigned to one of our rooms that overlook a glistening 55-acre lake. All rooms have a queen bed for parents and a twin bunk bed for kids. An additional roll-away bed can be provided for families larger than four people. Amenities include comfortable (A/C, Indoor plumbing, etc.) and are furnished with dressers, bedding, and towels.

The majority of the events and activities for the Session will be located around Legacy Lodge.

This is just a short walk away from your room and walking provides another opportunity for you and your family to enjoy this beautiful setting.

Complimentary snacks and beverages provided throughout your stay.



Packing List:

As you are planning to prepare and pack for this fun filled Family Camp experience, please don't forget to include the following items:

Bedding:

All pillows, sheets, and blankets will be provided.

- Please note camp does not have infant beds/pack and plays, so make sure to bring one if needed.

Clothing:

Please pack clothing appropriate for the weather and for the time of year.

- Active Wear
- Shirts
- Shorts/Pants
- Under Garments
- Pajamas
- Sweatshirt/ Jacket
- Bathing Suit
- Raincoat /Poncho
- Tennis Shoes

Toiletries:

- Towels and Washcloths in your room will be provided. Please pack additional beach towels for lake use.

General Toiletries:

- Toothbrush and Toothpaste
- Comb and/or Brush
- Shampoo and Conditioner
- Soap
- Sunscreen
- Insect Repellent

Miscellaneous Items:

- Bible
- Journal
- Flashlight and/or Headlamp
- Reusable Water Bottles (these are highly encouraged)
- Small Backpack
- Optional: Hammock
- Optional: Camera

**During camp activities and events, wearing closed-toe shoes for your safety is highly recommended and required on certain adventure elements.

***We ask that you please keep in mind our camp's conservative standards of attire worn throughout the Session. We ask that clothing designs and/or messages as well as styles wouldn't be such that would distract or detract from this family friendly experience.

****Please be mindful that there may be activities in which helmets must be worn by as a part of our safety procedures. We ask that hairstyles are planned accordingly by ensuring that all buns, braids, and styles can easily be secured under a helmet.



Road Trip!

Don't you get excited when you hear someone shout those words? Road trips, much like life, can be super fun but also full of challenge. We're all on a journey in life, but we don't have to go it alone. The God who made us and loves us wants us to follow Him on the most awesome Road Trip we could ever imagine. We're going to travel along with a guy named David, who followed God and was even called a man "after God's own heart." As we journey alongside David, we'll learn some powerful truths about God and what life can look like when we travel with Him.

So, come along with us at WinShape Camps in Summer 2023, to experience this Road Trip! Our Journey with God. We will find that God meets us where we are, there's no better place to start.



We are very excited to facilitate experiential education to explore the life of David. Families will worship together and have specialized time for age-specific activities.

FAMILY WEEKEND EVENTS



Who's got game? Head on over to The Yard to compete for the Family Cup - Come dressed ready to have fun, get silly and a little messy!



Please pray about having intentional gospel conversations with your family. Family Fireside is a time for families to share testimonies and encourage each other with the hope of our salvation in Jesus Christ.



OVERVIEW OF FAMILY ACTIVITIES

Throughout the session, blocks of time will be set aside for you and your family to participate in a variety of activities, that is referred to as “Family Free-For-All”. You will be able to float around to the activities of your choosing as a family unit, meaning that how you choose to spend these time blocks is totally up to you and your family. Some activities will be open for you to come and go as you please, and these will not have an instructor but will instead be self-led. Some will be scheduled classes at certain times that will require you to sign-up, and these activities will have leaders or facilitators. Here is a comprehensive list of all that will be offered:

Adventure Excursions: Sign –Up Activities

- Air: Zip Line, Flying Chair, High Ropes Course
- Water: Water Slide + Rope Swing
- Ride: Banana Boat

Please consider any health conditions such as heart issues, pregnancy, etc. before partaking in any activities. Sign-Ups are required for these specific activities, and will take place on the first day of Camp. All Adventure excursions have particular age and or weight requirements as well as safety risks to keep in mind before signing up for them.

Adventure Excursion Limitations:

- Zipline: Harness must fit snugly around the legs & waist and 50 lb minimum and 250 lb maximum weight
- Flying Chair: Harness must fit snugly around the legs & waist. There is no weight limits.
- High Ropes Course: Participants must be 8 years old, and Harness must fit snugly around the legs & waist.
- Water Slide+ Rope Swing: Participants must be able to hold their own body weight.
- Banana Boat: Participants must be at least 8 years old to ride. Participants must be over 30 pounds and fit in life jacket to ride in the boat that pulls the Banana Boat. All children under 13 must wear a life jacket while riding in the boat.

Family Free-For-All:

Archery, Axe Throwing, Basketball, Bingo, Board Games, Canoeing, Craft, Digital Photography, Fishing, Fitness Center, Football, Frisbee, Hiking, Lake Life, Mountain Biking**, Paddle Boarding, Pickleball, Soccer, Trivia, Volleyball, Rockets, and Yard Games.

MOUNTAIN BIKING: While we do have a variety of bikes and helmets available for use during certain time blocks, please know that sizes and quantities are limited. So, you are more than welcome to bring your own bikes and helmets to utilize throughout your time at camp. Bikes can be ridden on designated campus roads. Trail riding is prohibited. Should you choose to do so, please note that helmets are required on campus, and WinShape Camps will not be held liable for any lost, stolen, or damaged property.



HEALTH AND SAFETY

Dear WinShape Family,

We are so excited to offer a unique family experience this summer. We are all about maximizing fun while minimizing risk because your family's safety and well-being are of utmost importance to us. So please take a few minutes to familiarize yourself with the health & safety protocols below, and we ask that you partner with us to help keep everyone as healthy as possible. Thank you for the trust you have placed in us. We can't wait to see y'all at Family Camp!



Warmest regards,

Julie M Bailey RN

**Julie Bailey, RN
Manager, Health Care-Camps
WinShape Camps**



GUEST HEALTH AND SAFETY PROTOCOLS

DISCLAIMER: All Guest Health and Safety Protocols are subject to change to ensure safety for current conditions at camp. For current updates please check the WinShape App.

Pre-Arrival

- WinShape Camps Customer Experience Team will send out electronic waivers prior to arrival. Please have all waivers completed, signed and returned back electronically to the Customer Experience Team prior to your arrival to camp.
- All guests will need signed waivers to attend Family Camp and before entering campus facilities. Parents must sign a waiver for their minors (17 and younger).

Arrival

Healthcare Team on campus 24/7 during event; available for first aid and/or medical needs.



**We can't wait
to see you
at camp!**

