

# EPISODE 1

## TODAY'S TRUTH

Christmas reminds me that Jesus is the Light.

## SCRIPTURE

"When Jesus spoke again to the people, he said, "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life" (John 8:12).

## SUPPLY LIST

Bible  
Blank Paper  
Pencil/something to write with

## FIRST THINGS FIRST

### Activity

- Talk with your camper(s) about the Christmas tree Leslie was decorating. What did you all like about it the most?
- Take turns sharing your memories of your favorite Christmas tree ever. [*For some in your family, it may be a tree you got together at the Christmas tree farm or lot. For one of you, it may be Charlie Brown's Christmas tree. Let this be a fun time of hearing one another's thoughts.*]
- Now, each of you take your pencil or pen, close your eyes and do your best to draw a picture of your favorite Christmas tree you just described. [*Be sure this is a fun bonding time, as well. It's okay to share the struggles you're all having as you're attempting to draw. This is not intended to be a competition or stressful activity.*]
- After a couple minutes, you may all open your eyes and have fun looking at what you've each drawn.  
Connect the Activity

### Connect the Activity

- Ask why it was difficult to draw the trees. [*With your eyes closed, you couldn't see—it was dark.*]
- Discuss why most people have been afraid of the dark at one point in their lives. [*You can't see what you're doing or where you're going. You don't know who or what may be around you. It's easy to feel afraid, confused, and frustrated.*]
- Once you opened your eyes, you could see things clearly. Talk about the affect light has on darkness. [*The more light there is, the less darkness there is.*]

## READ THIS

Read John 8:12 together.

John 8:12—"When Jesus spoke again to the people, he said, "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life."

Challenge your camper(s) or a family member to share as much as they can remember about this verse from what Leslie shared. Ask who can remember the Truth that Leslie shared: Christmas reminds me that Jesus is the Light.

## TALK ABOUT IT

### Dive Deeper

[*Use the following discussion topics to explore with your family the amazing news that Jesus is the Light of the world, and how that truth helps us through any darkness.*]

We know that being in the dark can make things difficult, but Leslie also talked about times in our lives that can feel dark. [*Some examples: moving to a new place, a loved one getting sick, not understanding something new at school or at work, losing a job, being lied to by a friend, etc.*]

1. Share about a time in your life that felt dark. [*You may also share whether or not you knew that Jesus was the Light of the world. If so, how did that help you in that dark situation? If not, how might it have helped you?*]
2. Invite any family member to share about "dark-feeling times" in their lives.
3. How can the fact that Jesus is the Light make a difference in our lives?
4. If you're currently facing a dark time, how can this truth help you right now?

## SHARE IT

### Wrap Up

- Share with your family something you learned today that you didn't know before. Invite your camper(s) and other family members to share as well.
- How can what you learned help you the next time you're facing a time that feels dark?
- Say the truth together: Christmas reminds me that Jesus is the Light.
- What are ways you, as a family, can share this amazing news with others?

