



ADVENTURE

PARENT CARD

Each Parent Card is designed for parents to use as a guide to assist campers with the activities in their Skill. Included you will find an overview of the activity, recommended ways to be involved, and allergy and safety information.



**WinShape
Camps™**

ADVENTURE

Monday: This day will include campers building a s'mores oven box so they will need help making sure it doesn't get too hot. Also, if you have a camper with allergies, you'll want to make sure all the ingredients are safe for them.

Tuesday: Campers will spend most of this time outside looking for items. Older campers should be good on their own, but younger campers will likely want your help looking for their items!

Wednesday: It's time for campers to create some homemade granola/trail mix! If a camper has allergies, some of the ingredients can be replaced with a substitute (for instance, sunflower butter can be substituted for peanut butter). They may need your help in the kitchen finding certain items to make their granola.

Thursday: Thursday will find the campers coloring and tracing leaves that they find outside. They may need a designated workspace, but should be fine on their own!

Friday: It's Freezing Friday! Campers will be freezing dinosaurs in ice! The younger ones may need some assistance fitting the dinosaurs into the balloons.



ADVENTURE DAY 1

ACTIVITY: S'mores Oven Box

Equipment:

- Blanket(s)
- Chairs
- Pillows
- Scissors
- Aluminum foil
- Plastic Wrap
- Tape
- Chocolate Bars
- Graham crackers
- Marshmallows
- Pizza box
(personal size)

Camper Box

Equipment:

- Markers
- Black Construction paper
- Gluestick
- Wood Skewer

STEPS

1. **Set Up** blankets, pillows, and chairs to sit on while you wait for your s'mores.
2. **Cut** the “oven door” flap on the top side of the pizza box, leaving about an inch border.
3. **Decorate** your oven box by coloring it with markers.
4. **Glue** the black construction paper to the inside bottom of the box. Glue the aluminum foil to the inside of the door.
5. **Tape** the plastic over the opening of the door.
6. **Place** s'more ingredients into the box and set it in the sun for an hour and a half. Tape the wooden skewer to the corner to provide the best amount of sunlight.
7. **Enjoy!** Wash your hands before you eat your s'mores and don't forget to clean up when you're done.



ADVENTURE DAY 2

ACTIVITY: Nature Scavenger Hunt

Equipment:

- Timer or Stopwatch
- Writing Utensil

Camper Box

Equipment:

- Scavenger Hunt Checklist

STEPS

1. **Go** outside with the Scavenger Hunt Checklist, and look it over to become familiar with the different items to find.
2. **Search for** the items on the checklist.
3. **Check off** each item you find. You can either point out each item or take a picture.
4. **Pick up** trash as you go.
5. **Compete** with siblings or friends if you can.
6. **Leave no trace:** leave items where you found them, exactly where they were in nature.
7. **Do** the hunt multiple times if desired, and try to get faster each time.



Scavenger Hunt Check list

- | | |
|--|--|
| <input type="checkbox"/> Pine cone | <input type="checkbox"/> Something prickly |
| <input type="checkbox"/> Pine needles | <input type="checkbox"/> Something smooth |
| <input type="checkbox"/> A squirrel | <input type="checkbox"/> Something fuzzy |
| <input type="checkbox"/> A flying insect | <input type="checkbox"/> Something round |
| <input type="checkbox"/> Three different kinds of leaves | <input type="checkbox"/> Something pointy |
| <input type="checkbox"/> A stick | <input type="checkbox"/> Something yellow |
| <input type="checkbox"/> A rock | <input type="checkbox"/> Something green |





Scavenger Hunt Check list

- | | |
|--|--|
| <input type="checkbox"/> A flower | <input type="checkbox"/> A feather |
| <input type="checkbox"/> A weed | <input type="checkbox"/> A bird |
| <input type="checkbox"/> A seed | <input type="checkbox"/> A fire hydrant |
| <input type="checkbox"/> A skinny tree | <input type="checkbox"/> A person |
| <input type="checkbox"/> A thick tree | <input type="checkbox"/> A Stop sign |
| <input type="checkbox"/> A puddle or creek | <input type="checkbox"/> A bird feeder |
| <input type="checkbox"/> A cloud | <input type="checkbox"/> A flag |
| <input type="checkbox"/> Ants | <input type="checkbox"/> A basketball hoop |





ADVENTURE DAY 3

ACTIVITY: Trail Mix

Equipment:

- SunFlower Butter or Peanut Butter (approx. $\frac{1}{3}$ cup)
- Honey (approx. $\frac{1}{3}$ cup)
- Cinnamon ($\frac{1}{2}$ teaspoon)
- Vanilla
- Oats (2 $\frac{1}{2}$ cups)
- Parchment paper
- Baking sheet
- Mixing spoon
- Measuring cups
- Mixing bowl
- Spatula

Camper Box

Equipment:

- N/A

STEPS

1. **Wash** your hands for 20 seconds, using soap and warm water.
2. **Preheat** the oven to 315°F.
3. **Line** a baking sheet with parchment paper and set it aside.
4. **Mix** together peanut (or sunflower) butter and honey in a medium bowl until smooth.
5. **Stir** in cinnamon and vanilla until well incorporated. Stir in oats until they are well coated.
6. **Spread** mixture onto parchment paper in an even layer.
7. **Bake** at 315 for 30 minutes, flipping the pieces over after 20 minutes. If you want, add chocolate chips, M&Ms, or fruit, after it bakes.
8. **Enjoy** once the granola is finished baking!



ADVENTURE DAY 4

ACTIVITY: The Leaf Giver Scrapbook

Equipment:

- Bible
- Leaves
- Rolling pin
- Stapler/Paper Clip/
Hole Punch and
string

Camper Box

Equipment:

- Copy paper
- Markers
- Leaf Guide Sheet
- Brown paper bag

STEPS

- 1. Search** outside, in your yard or woods, for five to seven leaves for your scrapbook. Make sure you have your Leaf Guide and brown paper bag. Try to find as many leaves on the Leaf Guide as possible. Search for all types and sizes of fresh leaves that are strong and not brittle.
- 2. Choose** your first leaf and place it face down on a flat surface.
- 3. Color** the leaf on one side fully, from edge to edge and on every vein, with the markers.
- 4. Place** the colored side on a piece of paper.
- 5. Press** down hard, and use the rolling pin to roll over the leaf just once. Peel the leaf off the paper to reveal the print.
- 6. Write** the type of leaf and a Bible verse of your choosing with the leaf print. Repeat this process on each piece of paper.
- 7. Combine** the pages using whatever resources you have available (stapler, paper clip, hole punch with string or key ring, etc).



ADVENTURE

Leaf Guide



WinShape
Camps™

Leaf Guide



ELM



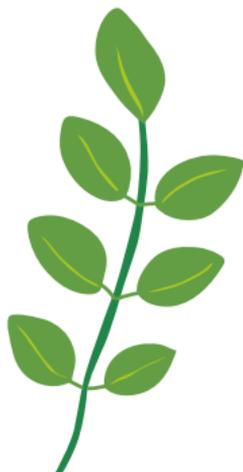
POPLAR



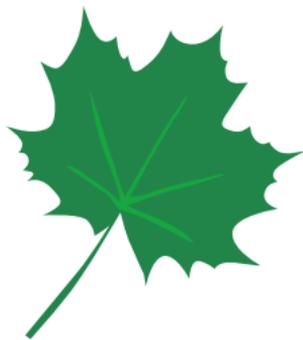
OAK



BIRCH



ASH



MAPLE





ADVENTURE DAY 5

ACTIVITY: Crystal Excavation

Equipment:

- Plastic bin or bowl (for water)
- Bowl or tray (for excavating)
- Food Coloring (optional)
- Scissors

Camper Box

Equipment:

- Balloons
- Mini Dinosaurs
- Mini Jewels
- Eye droppers

STEPS

1. **Blow** up a balloon and hold it for around 30 seconds to stretch it out.
2. **Stretch** open the top of the balloon and insert either a dinosaur or plastic gem into the balloon.
3. **Fill** the balloon with water and tie it up. Optional: Insert two drops of food coloring.
4. **Place** the balloon in the freezer and wait. Check occasionally to see if it's frozen.
5. **Cut** off the knot, and peel off the balloon, after the balloon is completely frozen.
6. **Place** icy dino/gem crystals in a bowl or on a tray and set out a bowl of warm water to begin excavating.
7. **Excavate** by dropping warm water droplets on the ice, using the eyedropper.