

# Skills – WinShape Camps for Communities

## Alpine Only

Are you in 4th or 5th grade? Do you want to learn how to work as a team and build some amazing leadership skills? Alpine only is the place to be for all Alpine campers. You don't want to miss out on one of the most unique skills WinsShape Camps has to offer!

## Archery

If you ever wanted to have the skills of Robin Hood, this is the perfect place to start! In Archery, we learn how to hold the bow, proper shooting stance, aiming techniques, and whistle commands. Our skill instructors make safety and fun a priority as they teach the fundamentals combined with archery games.

## Basketball

Passing, dribbling, shooting, and defense are all techniques we learn in this fast-paced game! This skill continues throughout the week with drills, games, and scrimmages. Players go home at the end of the week with gained confidence in their abilities on the court.

## Center Stage

This summer WinShape's Got Talent is coming to you! Learn how to be a star performer in this Skill where you will learn how to play musical instruments, perform plays, and even how to be a magician! You will be the center of the WinShape stage and "wow"ing all of your friends!

## Cheerleading

Let's go WinShape! Join our squad to learn new cheer routines and cheer on other Skills! We learn cheer basics such as stance, hand placement, and jumps. We will cheer on the entire camp on Friday during the Pep Rally!

## Crafts

Grab your glue and scissors and let's head on over to crafts! We create masterpieces with everything from googly eyes to hot glue - even needle and thread! No experience necessary! This is a laid-back skill where you can chat with friends and create new pieces of art.



## Dance

Dance your way into the studio as we explore a variety of dance styles from hip hop to African dancing! We will learn dance basics such as basic movement and remembering choreography through fun games and preparing for our final routine. We will be performing during town square on Thursday for our camp friends.

## Fast food

If your favorite time of the day is meal time, this skill may be a perfect fit for you. Learn how to cook savory dishes in this sweet skill, and then bring recipe cards home to share with friends and family.

## Flag Football

Look for a clear opening as you sprint your way right into Flag Football! Get ready to huddle up, pass, punt, catch, and kick your way to the WSC championship! Players will learn how to throw, basic drills, and execute plays on a team.

## Girl World

Who's the fairest of them all? Why, that would be the girls of Girl World of course! Here we learn all about how to be a lady. We paint nails, wear crowns fit for a princess, and occasionally we might throw glitter. (GIRLS ONLY)

## Gymnastics

Do you ever daydream about being in the Olympics? Now is your chance to be a part of the one and only WinShape Camps gym squad! This skill is open for beginners with no experience to those who regularly practice gymnastics. Events include low beam, vault, and basic tumbling. Campers will learn basic skills in each while being spotted by our trained skill leaders. Tumble, cartwheel, flip, and walk the beam as we compete for 1st place in the WinShape Olympics on Thursday!

## Into This

This is a skill that is designed specifically for 6th-8th graders in mind - while taking this skill your campers will use teamwork and their creativity skills for hands on activities to craft up and build up some incredible things!

## Main Event

The entire Galaxy Village comes together for our Main Event each day. During this time, we'll be working together as a village to solve mysteries, celebrate year round holidays, and participate in team building exercises.

## Man Land

Do you smell that? It smells like a mixture of aftershave and bacon. It must be coming from Man Land! Men, get ready to learn all about how to be...well, men. We do everything in this skill from learning how to have a firm handshake to competing in an all-out nerf gun war. (MEN ONLY)

## Painting

Will you Vincent van Gogh to Painting with me? We paint with everything from watercolor to acrylic paint and create masterpieces to take home to friends and family! No experience necessary as our skill leaders will teach you all the basics to create your work of art.

## Secret Ops

Go undercover on secret missions and try to discover who Alpha is. This skill helps us learn how to serve your friends at camp and others when you get home in a unique and creative way. This skill is very active and campers will travel around campus to sneak around and serve others.

## Soccer

Dribble, pass, GOOOAAALLLL! In this skill, we will learn the basics of soccer; how to dribble, pass, shoot, and play on a team. We will also play scrimmages and other games to help us learn. No experience needed to play the most popular sport in the world.

## Splish Splash

Grab your swim trunks and one piece swimsuits, because we're going to have some fun in the sun! This skill features water games, slip-n-slides, and water balloon fights! For our Safari and Alpine villages only.

## Under Construction

Put on your hard hat and become a master builder! We will build with anything from Legos to Kinnex, to even your very own rocket! This is a laid-back skill for the inner innovators.

## Varsity Sports

This is a skill that is designed specifically for 6th-8th graders in mind - while taking this skill your campers will experience sports at a an exciting, competitive level - flag football - soccer - net games - and so much more!

## Wacky Science

Would your friends describe you as wacky? Have a (literal) blast making things explode and making your own goo as you become the wackiest scientist in the whole camp. There is new experiments every day in this high energy skill.

## Yard Games

If you love playing backyard games with your friends then have we got the skill for you! We play all kinds of classic and new backyard games - anything from kickball to wiffleball to disc golf! This outdoor skill is a great option for those wanting a more laid back feel.